



PAGODA



CREATE HOPE
in the WORLD

Service Above Self

One Profits Most Who Serves Best

Issue No. 607- 27 February 2024

Published Weekly

27 February - Speaker Meeting

TUESDAY MEETING

Fostering Connection, Healing And Repair in Families

PRESENTED BY:

Dr. Vilja Lyell
Psychologist
Parkway Health & Community Center Shanghai

YOU WILL LEARN ABOUT:

- Creating Safety in communication
- Unravelling the survival knot in conflict
- Conscious relationships
- The role of the tripartite brain

TUESDAY, February 27, 2024

18:30 - 19:00 Reception
19:00 - 20:30 Dinner Meeting

Hualuxe Shanghai Twelve at Hengshan
@Cathay Room, No. 12 Hengshan Road
上海崑山路十二号华邑酒店宴会厅

3-course Western set menu
CNY 218 incl. free flow of soft drinks
CNY 248 incl. alcohol

CONTACT: Vivian Huang
vivian.huang@mexer.com.cn

SCAN THE QR CODE & SAVE YOUR SEAT!

TAKE ACTION: www.rotaryshanghai.org

Coming Events

- 27.02 — Speaker Meeting @Hualuxe Sh Twelve 6:30 - 8:30 pm
- 05.03 — Speaker Meeting @Hualuxe Sh Twelve 6:30 - 8:30 pm
- 12.03 — Fellowship @TBD 7:00 - 8:30 pm
- 05.03 — Speaker Meeting @Hualuxe Sh Twelve 6:30 - 8:30 pm

District 52 Conference

Rotary China District 52 2023-2024 Conference

INVITATION

- PETS (Saturday, April 13)
09:00 - 17:00 Training Sessions
(Each club's PE is invited)
- District Conference Day 1 (Saturday, April 13)
14:00 - 15:00 Registration/Fellowship
15:00 - 16:30 Warm-up Speeches
17:00 - 18:30 Main Session
18:30 - 20:30 Dinner
- District Conference Day 2 (Sunday, April 14)
09:00 - 09:30 Preparation/Registration
09:30 - 10:00 Opening Ceremony of Vocational Expo
10:00 - 16:00 Vocational Expo/Conference Sessions
- Closing Ceremony (Sunday, April 14)
16:00 - 17:00 Closing Ceremony with Afternoon Tea
- Conference Fee
Early Bird: RMB 680/person (Registration before March 30)
Regular Fee: RMB 750/person
The above price is including the admission fee, coffee breaks and Day 1 dinner
Optional: Vocational Expo booth: RMB 500/each
(Free booths are available for service projects)
Hotel's special offer: RMB 600/night including 2 breakfasts (payable upon check-in)

2024 13th-14th Conference Dates

Palace Lake Resort, Yangcheng Lake 168 CHUN ROAD,
YANGCHENG FENHUIJIA & TOURISM RESORT
SUZHOU INDUSTRIAL PARK, P. R. CHINA

Contact person
JAG Aaron
138 6262 0818

February Birthdays

- 12 — Rajat Agarwal
- 18 — Alejandro Rocha Buriel

The Four-Way Test 四大考驗

Of the things we think, say, or do:

对于我们所想、所说、所做的事情，
我们应该事先扪心自问：

1. Is it the **truth**?
是否一切属于真实？
2. Is it **fair** to all concerned
是否各方得到公平？
3. Will it build **goodwill** and
better friendships?
能否促进亲善友谊？
4. Will it be **beneficial** to all concerned?
能否兼顾彼此利益？

Officers & Directors

- Tiziana Richiardi** – President
- Jeff Hasenfratz** – Vice President
- Christian Goettker** – Secretary
- Rainer Kern** – Treasurer
- Christian Goettker** – President Elect
- David Smith** – Immediate Past President

- Rita Malvone
- Tilman Rieger
- Holger Schober
- Tomas Kucera
- Alejandro Buriel

Committees & Chairs

- Club Administration Chair:** Christian Goettker
- Membership Committee:** Tilman Rieger
- Fellowship Committee:** Tomas Kucera
- Service Projects Committee:** Basile Waite
- Youth Service Committee:** David Richardson
- Rotary Foundation:** Robert Sherman
- Gift of Life (GOL):** Terri Lau
- Sister Clubs:** Motohiro Yamane
- Pagoda & Public Image:** Carlotta Godio
- Speaker Program:** Jeff Hasenfratz
- Circle of Centennial Rotary Club:** Terri Lau
- Assitant Governor:** Rita Malvone
- Club Admin:** Vivian Huang

Tuesday, Feb. 20th, 2024

Dinner Attendance:

Members	18
Visiting Rotarians	02
Guests	05
Total Headcount	25

Visiting Rotarians:

Paul van Brenkelen - RC HK South
James Zhou - RC Fresh Start

HAPPY MONEY: RMB 4,964.00



Highlights from last week meeting

Welcome New Members & Introduction Presentations

We were delighted to welcome new potential member to our Rotary family. Ioana Kraft took the stage to introduce herself, sharing her professional background, personal interests, and her passion for making a positive impact in local community.

Salman Nasir and Thomas Rauss have joined us as full members. Let us give a warm Rotary welcome to them. We look forward to their valuable contributions and collaboration in our various service projects.

Keynote Speaker - Jeff Hasenfratz on "Building Israeli-Palestinian Bridges in the West Bank",

Our meeting featured an insightful and emotional presentation by Jeff Hasenfratz (our own VP) on "Building Israeli-Palestinian Bridges in the West Bank", helped us understand the origins of "Roots", their progress, challenges, and seeking support to continue their effort under current circumstances.

Upcoming Events and Initiatives

As we move forward, let's stay united in our commitment to service. Upcoming events include 2024 Rotary China District Conference on 13th&14th April, and Rotary Beijing 100th Anniversary on 20th April.

Written by Alayna



Speaker Program



Dr Vilia Lyell

Psychologist
Parkway Health &
Community Center Shanghai

Fostering Connection, Healing And Repair in families

Dr Vilia Lyell qualified as a Clinical Social Worker and then pursued further post graduate studies in Psychology, obtaining a Masters Degree and a PhD. She played a primary role as Director of Childline Johannesburg (an NGO dealing with child abuse awareness, therapy and activism).

Since leaving the NGO sector in 1999 she enjoyed a fulfilling career in private practice until moving to Shanghai in 2018. In Shanghai, she continues to work in her field of expertise and focuses on couple therapy, family therapy and child psychotherapy. She currently holds the chair as Training Director on the board of the Shanghai International Mental Health Association.

Book Your Calendar



**Beijing Club 100th
Anniversary
Celebration
北京社百年庆典**

**100TH
ANNIVERSARY**

- Date: April 20, 2024
- Venue: Kempinski Hotel Beijing
- 日期: 4月20日
- 地点: 北京凯宾斯基饭店



Enjoying Lao Xi celebration with RC Merlion



Rotary International's 119th Anniversary - Feb. 23

On February 23, we mark a momentous occasion—the 119th anniversary of Rotary International! It's a time to reflect on the incredible journey that began on this day, almost a century and two decades ago, when the seeds of a global movement for positive change were sown. As we celebrate this significant milestone, we invite each member of our Rotary family to reflect on their own journey within this remarkable organization. What inspired you to join Rotary? What moments of service have left an indelible mark on your heart?

